



# WINE AND FOOD SOCIETY OF PALMERSTON NORTH INC.

President: Glen Caves 356 9785  
Secretary: Elaine Wilton 357 9748  
Cellarmaster: Arron Schroder 354 7191  
Treasurer: Graham Wilton 357 9748

## Newsletter March 2005



### ANNUAL GENERAL MEETING

#### Tuesday April 12—Democracy in action

This year's AGM will be held at Stewart Electrical Supplies' Board Room, 60–64 Lombard Street, commencing at 7.30pm. We will receive a report on the year's activities and an update on the state of our finances. We will also elect officers and a committee for the forthcoming year. Here's where you come in. We need to elect a President, Vice-President, Secretary, Treasurer, Cellarmaster and two to four committee members. A nomination form is enclosed with this newsletter.

In order to keep coming up with new ideas and different functions our Society needs new blood on the Committee at regular intervals. Serving our Society is by no means an onerous task— it actually involves rather a lot of fun. If you've been thinking about it, please let your name go forward. If you haven't, think about it now! It would be a sign of health in our organisation if we were required to hold a ballot for officers.

Note that nominations must be lodged with the Secretary at least seven days before the meeting— ie April 5, the same day replies are required.

This is a free function. We will enjoy a glass or two of wine, eat some scrummy desserts and be treated to a talk on *'The History of the Diet from Hunter-gatherer to the 21st Century'* given by Dr Jane Coad of Massey University. Jane is a Senior Lecturer in the Institute of Food, Nutrition & Human Health with a particular interest in nutrition during pregnancy and childhood.



Dr Jane Coad

**NB** There is no reply slip for the AGM. As this is a free function, no cheques are required. Please email your reply to The Secretary ( [e.g.wilton@inspire.net.nz](mailto:e.g.wilton@inspire.net.nz) ) before **April 5** .— that way there should be enough food and wine to go round! (You may, of course, mail your reply to the Secretary along with your nomination form.)

#### POST SCRIPT

After three years, this is my last newsletter. I hope you have enjoyed reading them as much as I have enjoyed putting them together. Thank you to those who have been kind enough to offer positive feedback. I wish my successor well. Glen.

# From the Committee....



A sub-committee recently investigated the pros and cons of owning our own cutlery. After due investigation and consideration it has been decided that we will not purchase cutlery just now. For our present requirements, it would not be a cost-effective measure.

## LAST FUNCTION - TABLES OF EIGHT

Reviving a concept from earlier years, 'Tables of Eight' was held on Friday March 4. Glen and Pat Caves & Arron & Ingrid Schroder were hosts for dinner parties which comprised four couples in each case. The theme was Scandinavian and each couple provided one course from a supplied recipe.

We began with Swedish meatballs and *sill* (Baltic herrings) before an entrée of Salmon crepes. The main course was pork loin served on spicy braised red cabbage and accompanied by beans with mustard sauce and *Jansson's frestelse* (Jansson's temptation) a traditional Swedish dish with potatoes, anchovies and onions. For dessert we enjoyed *appelkaken* (apple cake) and cream. We drank appropriately—Aquavit, Astrolabe Riesling, Palliser Pinot Gris, Lincoln Chardonnay and Forrest Estate Botrytised Riesling with the dessert.

While some diners were initially not entirely comfortable cooking to a supplied recipe—'I was cooking out of my comfort zone' - they all enjoyed the experience and have already requested that we repeat the exercise in the future. A very enjoyable evening.

### VALE

Graham Scott

Sept 11 1936—Feb 25 2005



Graham Scott, a stalwart member of our Society for many years, passed away suddenly but peacefully at the Arohanui Hospice on February 25. Graham had been battling cancer for some time.

Graham retired after a successful career in the insurance industry. A keen player and follower of tennis all his life, he served in several service organisations (Jaycee, Rotary and Lions ) and served on the committee of our Society in earlier years as Treasurer. Graham was outgoing by nature and his ready smile will be missed at our func-

### Diary this!

April 12 — Annual  
General Meeting,

Stewarts Electrical  
Boardroom 60-64 Lombard St,  
7.30pm

April 8—10 2005

Federation of Wine & Food Societies  
Convention in Wellington

May 7



### QUOTABLE QUOTE:

Bacchus we thank who gave us wine  
Which warms the blood within our veins; That nectar is itself divine.  
The man who drinks not, yet attains  
By godly grace to human rank Would be an angel if he drank.

*Pierre Motin French drinking song*